

Your Appointment:

Date: ___ / ___ / ___ Time: ___ am/pm
dd mm yyyy

Location (locations listed on right):

Please bring your Ontario Health Card along with this requisition to your appointment. If you are unable to keep this appointment, please give at least 24 hours notice.

Please arrive 15 minutes prior to your appointment time.

Preparation and Instructions:

These instructions are IMPORTANT. Please follow them.

X-RAY (X)

If you are pregnant or think you might be, please talk to your doctor before having an x-ray. Women who think they may be pregnant should not have an x-ray during the last two weeks of their menstrual cycle.

Mammography (M)

On the day of the examination, after showering, please **do not use deodorant, anti-perspirant or talcum powder** on your chest or underarms since particles in these may show up on the mammogram.

Bone Mineral Density (B)

It is preferable to wear clothing without zippers or fasteners (e.g. jogging suit or leggings). On the day of the examination do not take calcium supplements or iron tablets until after the examination.

Ultrasound (U)

ABDOMEN: Includes studies of the GALL BLADDER, PANCREAS, SPLEEN, LIVER, KIDNEYS, and AORTA.

If your appointment is in the morning, do not eat or drink anything after midnight the night before. If your appointment is in the afternoon, for breakfast you may eat dry toast, black tea, black coffee, and juice up to 9 a.m. but have nothing to eat or drink after that. These instructions are important as we require you to have an empty stomach.

PELVIS: Includes TRANSVAGINAL (UTERUS, OVARIES, BLADDER) and PREGNANCY (OBSTETRICAL)

You must have a full bladder for this examination. Please start drinking 1 1/2 hours before your appointment and finish 45 minutes before the appointed time. You must drink 3 cups (24 oz / 750 mL) of fluid. This can include coffee, tea, juice, water etc. but not milk. **Do not go to the washroom.** We will try to examine you as soon as possible on arrival so that you won't be uncomfortable for too long. Eat the meal nearest your examination (there is no reason not to eat).

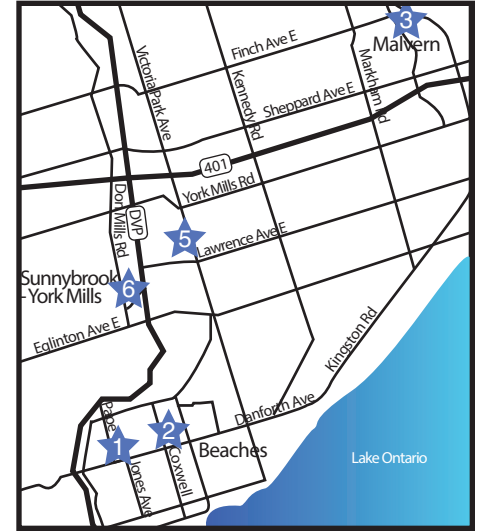
ABDOMEN and PELVIS combined examinations (ALSO G.U. TRACT)

You must have an empty stomach and full bladder. Do not eat anything within 12 hours of the examination. Finish drinking 3 cups (24 oz / 750 mL) of water (and only water) 45 minutes before your examination. **Do not go to the washroom.**

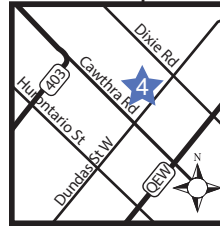
PROSTATE with TRANSRECTAL

Take a mild laxative the evening before your appointment (PROSTATE ONLY - OMIT LAXATIVE). Please start drinking 1 1/2 hours before your appointment and finish 45 minutes before the appointed time. You must drink 3 cups (24 oz / 750 mL) of water.

Toronto East



Mississauga



Radiology services offered vary by location. Please see below for our locations and the services offered.

X: X-RAY U: Ultrasound M: Mammography B: Bone Mineral Density

Location	Services Offered
<input type="checkbox"/> Central Toronto Diagnostic Imaging*^ 1 (Pape and Danforth) 658 Danforth Avenue, Main Floor, Toronto T 416-465-5735 F 416-465-1402	XUMB
<input type="checkbox"/> Coxwell Ultrasound (Coxwell and Danforth) 2 1577 Danforth Avenue, Unit 7, Toronto T 416-465-4679 F 416-465-2150	UV
<input type="checkbox"/> Malvern Ultrasound & Mammography*^ 3 1333 Neilson Road, Suite 230, Scarborough T 416-282-1147 F 416-282-2746	UM
<input type="checkbox"/> Mississauga Diagnostic Imaging and Breast Centre*^ 4 (East of Cawthra) 801 Dundas Street East, Mississauga T 905-897-9711 F 905-897-9844	XUMB
<input type="checkbox"/> Victoria Terrace X-Ray & Ultrasound• 5 (West side of Victoria Terrace Mall) 1448 Lawrence Avenue East, Suite 209 T 416-750-4555 F 416-750-4568	XUB
<input type="checkbox"/> (Don Mills) Insight Diagnostic Imaging 6 18 Wynford Drive, Suite 507, Toronto T 416-449-8289 F 416-449-9643	UM

* Ontario Breast Screening Program (OBSP) Site

^ Accredited for Bone Mineral Densitometry by the Ontario Association of Radiologists

• Accredited for Bone Mineral Densitometry by the Canadian Association of Radiologists